The “Houses” of Ruth

Comprehensive Services and Housing for Women

- Madison/Empowerment Center
  - 50 Women

- New Beginnings
  - 10 Women

- New Pathways
  - 10 Women

- Three Sisters
  - 14 Women

- Unity
  - 25 Women

Comprehensive Services and Housing for Families

- A New Way
  - 12 Families

- Bridges
  - 10 Families

- FamilySpace
  - 11 Families

- Freedom Place
  - 13 Families

- Herspace
  - 13 Families

- Hope Rising
  - 12 Families

- Reunified Families
  - 13 Families

Community-based Services

- Domestic Violence Support Center
  - 400 Women and Children

- Kidspace Child and Family Development Center
  - 73 Children and their Families

- New Beginnings
  - 10 Women

- New Pathways
  - 10 Women

- Three Sisters
  - 14 Women

- Unity
  - 25 Women

- A New Way
  - 12 Families

- Bridges
  - 10 Families

- FamilySpace
  - 11 Families

- Freedom Place
  - 13 Families

- Herspace
  - 13 Families

- Hope Rising
  - 12 Families

- Reunified Families
  - 13 Families
Changing Lives

Throughout 2012, House of Ruth provided tools and opportunities for growth to women and children who were homeless and abused.

More than 1,000 women and children turned to us for help last year. Thanks to you, we were able to meet their needs at 14 programs throughout the District of Columbia. Your generous support allowed House of Ruth to go beyond the bare necessities (such as safe housing) and assist the women in addressing the root causes of homelessness and abuse in their lives.

Our therapeutic services helped the women and children heal from the trauma they had experienced from years of abuse, domestic violence, precarious housing and ultimately homelessness. Hands-on training helped the women acquire the core skills they needed to establish and sustain safe and stable lives. The children received intensive supports to help them achieve a more normal developmental path.

At the organizational level, we also experienced change in 2012. Long-time leader Christel Nichols retired in the fall and Winifred Wilson took over as Executive Director. Ms. Wilson brings more than 20 years of experience managing family and child service agencies to her role at House of Ruth. She has an extensive background in directing services to vulnerable women, children and families.

Looking ahead, House of Ruth is embarking on a strategic planning process to chart our course for the next few years. We invite you to continue to take this journey with us.

Thank you for your generous support of the women and children at House of Ruth. Thanks to you, they are changing their lives for the better.

Sincerely,

Laura Stone
Chair, Board of Directors
Finding Their Way

In 2012, 165 women who were homeless came to House of Ruth in search of a safe home. They found much more than that. They found a way out of domestic violence, poverty, addiction and untreated mental illness. They found a skilled and attentive staff who listened carefully and learned about them as individuals, who have strengths as well as challenges.

Each woman had a Case Manager who provided support and guidance. Each woman collaborated with her Case Manager to identify her goals and make a plan for achieving them. And then, day after day, they worked the plan. Case Managers helped the women connect with the services offered by House of Ruth and other private and governmental agencies. Through individual interactions and group activities, the staff helped the women learn to cope with the debilitating effects of trauma.

The women wanted simple things: to remain in a safe home, to have a place of their own, to get a job that paid a living wage, to stay clean and sober, to find relief from symptoms of mental illness.

Life Skills Trainers helped the women acquire skills no one had ever taught them before: how to manage their money and save, how to plan and prepare healthy meals, how to clean the house.

Within a few weeks of their arrival at House of Ruth, the women were involved in a productive daytime activity—education, training, volunteer service, or treatment programs. Preparing to enter, or re-enter, the workforce was a major focus for all of the women who were not disabled. Finding permanent housing was another primary goal for most of the women. Twenty-four resided in House of Ruth’s two permanent supported housing programs. At any given time, 85 were in our “transitional” (18-24 month) service-enriched housing programs.

Thanks to the generosity of thousands of individuals, organizations and foundations in the community, House of Ruth was able to meet the needs of 165 women in 2012. They, and we, are very grateful.
People don’t know what it’s like to be homeless. You’re scared and worried all the time. Every day you ask yourself, where am I going to sleep tonight? When I came to Madison at House of Ruth I was so grateful to have a safe and clean place to stay. The staff really listened and reached out to me, they helped me get into a drug treatment program and I’ve been clean for seven months now. I moved from Madison to New Beginnings. Ten women share the house. We’re all in recovery from substance abuse. We’re making new lives, one day at a time. The staff is always here to help you figure out your problems and challenges.

—House of Ruth Resident

House of Ruth saved my life. I was at the end of my rope before I came here. I prayed to God to let me die, but He wasn’t through with me yet. Now, after almost two years at House of Ruth, I have a new life. I was better off than a lot of the ladies here because I graduated high school. I’ve got a job, a good job at Safeway that has benefits. The staff is helping me find my own apartment now. I’m a little nervous, but I think I’m ready to live on my own.

—House of Ruth Resident
During 2012, House of Ruth worked with 115 families. Twenty-four families lived in rent-subsidized apartments scattered throughout the city and received regular supportive services from two House of Ruth Case Managers. Ninety-one families actually lived at House of Ruth, in one of our five apartment buildings. The buildings resemble one another closely, each has 12 or 13 units and a central area devoted to activity rooms and private space for therapy and case management meetings.

Most of the families we served last year became homeless as a result of domestic violence, and a few were homeless due to the women’s history of substance abuse. All the families were impoverished. Like the single women at House of Ruth, the mothers usually had a history of life-long abuse, beginning in early childhood.

At House of Ruth, the mothers and children learned a new way of life. Most of the mothers had never experienced or observed positive, healthy parenting, so teaching them new ways to relate to their children was a primary focus. Through supportive groups and one-on-one work with staff, mothers gradually accumulated new parenting skills.

The younger children flourished in the safe, nurturing surroundings at House of Ruth; it was tougher for the teens who had been exposed to more years of violence and chaos. The staff developed activities for the children, who were organized into groups by age, to help them learn ways to cope with the hurt and the anger they felt. Psychotherapists came onsite to provide group and individual therapy. Staff mentored each child, finding and cultivating the child’s gifts.

Staff also helped the mothers get the education and training they needed to secure better employment. Finding permanent housing was a priority that every family worked on from the beginning of their stay at House of Ruth. It takes months to locate and get into safe, stable and affordable housing, because rents have risen throughout the city.

Thanks to the generosity of thousands of individuals and groups throughout the community, 115 homeless families found housing and/or supportive services at House of Ruth in 2012. Thank you!
Before House of Ruth, we were living in my car. I was ashamed and afraid. Then my caseworker connected me with House of Ruth. I wanted more than a roof over our heads, I was ready for a program that would help us never be homeless again. That is what I found here. The staff really works hard to help us get the resources we need to make it on our own.

—House of Ruth Resident

House of Ruth gave me and my kids a home, a safe home. We’ve never had that before. Now I’m in school so I can get a better job and I’m saving for a security deposit on an apartment of our own. The staff has helped me learn ways to relate better to my kids and they are doing really well here.

—House of Ruth Resident
Founded in 1976, House of Ruth has 37 years experience in assisting women who have been affected by domestic violence.

We extended our expertise to the community at large through our Domestic Violence Support Center, where a team of Therapists provided free, individual counseling to more than 400 women in 2012. The women came from all walks of life and from throughout the greater Washington, DC area. All of the women were trying to cope with the effects of domestic violence.

The Therapists at the Support Center worked patiently with each woman, and came to understand her particular situation, needs and strengths. The Therapists helped each woman set goals and work toward achieving them, process feelings that were impacting their capacity to function in their daily lives, develop coping strategies, and begin to build relationships that were safe and positive.

At Kidspace, our therapeutic child and family development center, 92 children received the supports they needed to work toward overcoming their developmental delays. The children at Kidspace were all from homeless families and ranged in age from six weeks through five years old. A team of Family Advocates worked with the parents as well, addressing the practical challenges in their lives, such as securing permanent housing, improving their employment situations, and dealing with mental health and/or substance abuse issues. Teachers and Family Advocates collaborated on helping parents building their parenting skills.

We were able to increase the number of children receiving psychotherapy at any given time from 15 to 24 by supplementing the therapeutic team with graduate students in psychology, who worked under an experienced clinical supervisor. As a result, more young children who had been traumatized by violence in the home found relief from their symptoms of anxiety and depression. Speech and language developmental delays were addressed by Therapists who worked individually with the most severely affected children and with all of the children in the classrooms at Kidspace. An Occupational Therapist assisted children who needed help with coping with sensory input and their fine and gross motor skills.

House of Ruth depended upon community support in order to offer these services.
When I found out my son had developmental delays I was upset. But the staff at Kidspace helped me believe that he could get better, with help. So he’s been getting speech and language therapy and play therapy and he’s doing so much better now. He’s almost reached his developmental levels in just one year.

—House of Ruth Resident

He used to just yell, but then he started grabbing me, pushing me, and then choking and hitting me. I was terrified. My cousin told me about House of Ruth and I called looking for help. My counselor at House of Ruth was an angel. She helped me figure out a safety plan. I realized I had to leave and take the children with me, and House of Ruth made that possible. Now we’re safe and I’m building a plan for our future. Today, I have hope.

—House of Ruth Resident
House of Ruth gratefully recognizes donors who are members of the Leadership Circle (annual gifts of $5,000 or more), President’s Circle (annual gifts of $1,000 to $4,999), and Director’s Circle (annual gifts of $500 to $999). Members of our Partners Program and other monthly donors are denoted with an asterisk. Names in bold-face italics indicate a member of the Board of Directors. Although we make every effort to ensure the accuracy of this listing, we may have overlooked someone. If so, please contact Director of Development Carolyn Stevens at 202-745-2323 or send an e-mail to cstevens@houseofruth.org.

INDIVIDUALS

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$25,000–$49,999: Anonymous
Ruth and Stephen Pollak

Annual Gifts $10,000–$24,999: Anonymous (6)
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Betsy Paull
Joy L. Pritts
and Mark F. Sundback
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George and Phyllis Siegrist
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Malcolm and Michele Stewart

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Laura E. Stone and Ezra Levine
in honor of Christel Nichols and the Search Committee
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in memory of Mary Throwe
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Brad and Kate Vogt
Jeffrey A. Wyand and Roxanna Wolfe

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Richard and M. Theresa Gollhofer
All eight families who have departed A New Way at House of Ruth in the last six months moved into safe, stable, permanent housing.
All of the women at Three Sisters sustained their sobriety in 2012.
House of Ruth offers special thanks to the members of our Legacy Circle, who have made a provision for House of Ruth in their estate plans. To be included in the Legacy Circle, please contact Director of Development Carolyn Stevens at 202-745-2323, or cstevens@houseofruth.org or at House of Ruth, 5 Thomas Circle, NW, Washington, DC 20005.

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Christina M. Quinn
and David Gardner*
Laura M. Quinn
Claire E. Reade
and Earl Steinberg
Richard A. Rettig
and Marisella L. Veiga*
Kathleen A. Riley
The “Re-Programming Your Life” group at the Madison Transitional Program is attracting more than 20 participants every week, so many that we’ve had to split it into two groups.
At Herspace, a residential program for families left homeless by domestic violence, 72% of the women served actively engaged in supportive counseling services.
Rosemarie J. Gramlich  
Barbara A. Grewe  
Fred and Ellen Griffie  
Barbara Gural  
Sandra M. Guthorn  
Elizabeth I. Hack  
and Richard Larach  
Sylvia G. Haefner-Rose  
Sarah E. Hall  
Mary Margaret W. Hammond  
Amy M. Hansen  
and Walter J. Schmidt  
Barbara S. Harvey  
Kevin Jack Haugrud  
and Catherine V. Pagano  
Eunice E. Henderson  
Ruth M. Henderson  
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Martin and Carolyn Karcher  
Boyd and Maria Kardash  
Kavitha Kasargod  
and Eli Staub  
Hugh J. Keany*  
Maureen T. Kelly  
Cherie R. Kiser  
and Randall D. Eliason  
Wayne R. Kleczek  
Craig D. Koch*  
Susan J. Koch  
Rosemarie Korphage  
Linda A. Kotkoskie  
Teresa J. Kramer  
Alan G. Kraut  
and Jane Steinberg  
Emanuela Kucik  
Kathleen M. Kurz  
Andrea Kusko  
and Frederick Humphreys  
Todd and Dara La Porte  
Andrew and  
Elizabeth Labadie  
Philine R. Lachman  
Patricia A. Lambert  
and Kathy Mulvey  
Ruth H. Lammert-Reeves  
Peter and Dilyn Lande  
Raymond M. Lane  
and Laura A. Jacobi  
Marilyn B. Larson  
Roslyn P. Latto  
Gretchen and Stephen Lawler  
Margaret E. Lawless  
Thomas and  
Deborah Lawrence  
Darlene and Dennis Lawson  
in honor of Andrea Palm  
and Dan Utch  
Elaine P. Lee  
Kathy Lee  
John and Marilyn Lehr  
Amanda V. Leland  
and Eric R. Annis  
Lee N. Leonhardy  
Michael R. Levy  
Randall and Patricia Lewis  
Carolyn Lichtenstein  
and Martin Safer  
Diane and William Lieberman  
Herbert S. Lin  
Anne S. Lindblad  
and David B. Quanbeck  
Robert S. Linden  
and Nancy L. Desmond  
Steven K. Linscheid  
Patricia M. Locke  
in memory of Dolly Locke  
Jaan and Brenda Loger  
Barry F. Lowenkron  
William I. Lowry  
Mary L. Lucas  
Joel and Elizabeth Ludington*  
Dwight R. Lupo  
H. Fred Luskin  
Marian W. MacGilvray  
Charles and Maria MacKay  
Robert L. MacKinnon  
Stewart and Martha MacLeod  
Gigi Mahon  
Michael Mahtico  
Alex Malchow  
Frank and Judith Malinoski  
Deborah L. Malkovich  
Gerald and  
Madeline Malovany  
Ellen G. Manetti  
and Michael R. Courts  
Patricia Manha  
and Sara E. Wilensky  
Nora M. Manning  
Dean and Linda Manson  
Andrea M. Marra  
William H. Marsh  
in memory of Ruth B. Marsh  
Susan Martin  
Douglas G. Martz  
Susan A. Mathews and  
Kenneth C. Smurzynski  
Louis and Linda Mazawey  
Jody K. McCann  
John and Marion McCartney  
Paul R. McClendon  
Alan and Barbara McConagha  
Richard T. McCormack  
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Douglas and Mary McDaniel  
Patrick P. McDermott  
Suzanne P. McDougall  
Lucy-Ann McFadden  
Matthew McGovern  
Marissa K. McInnis  
and Ariel Laguilles*  
Patricia A. McKeek-Kastl  
Janice D. McKeever  
Jean E. McKeever
At Kidspace, 75% of the parents had healthy, nurturing relationships with their children.
FOUNDATIONS and ORGANIZATIONS

LEADERSHIP CIRCLE

Annual Gifts of $100,000 or more:
Cornerstone Foundation
Freddie Mac Foundation
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The John E. Fowler Memorial Foundation
The Louise Home
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The John Dickson Home
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Mars Foundation
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UCI
Venable Foundation

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Ada Harris Maley Memorial Fund
American Chemical Society Memorial Fund
American Chemical Society (fund-raising event)
American Petroleum Institute
Annual Gifts

$1,000–$2,499:
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Cooper Thomas, LLC
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Katzman Family Foundation
The Keker Family Foundation
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The National Academies
Northrop Grumman

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Horwitz Family Fund
The Miller & Chevalier Charitable Foundation
The Business and Professional Women's Guild of the National Presbyterian Church
The Samuel and Grace Gorlitz Family Foundation
Special Needs Consulting Services
W. Curtis Draper Tobaccoist, Inc.
in memory of Hans Huber

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22
Corporation
Ruth and Samuel Salzberg
Family Foundation
Steele Family Foundation
The SunDial Foundation
Technical Resources
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Thrift Shop Guild of Christ
Church, Georgetown
VentureCount, LLC
The Ward Foundation
Weiss Fagen Fund
William D. Blair
Charitable Foundation
Zeta Associates

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Family Foundation
The Herb Block Foundation
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Lautman Maska Neill
& Company
Legal Services Corporation
(fund-raising event)
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Lichtenberg Family
Foundation
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Church Women of ELCA
Saint Mary’s Baptist Church
Sargent Memorial

Presbyterian Church
Shanti, Inc.
Sheppard Mullin Richter
and Hampton, LLP
(fund-raising event)
Steele Foundation, Inc.
Unity of Washington, DC
Village Church at
Greenspring Retirement
Community
Young Women’s League, Inc.

BEQUESTS:
Estate of Suzy Platt
Estate of Charles T. Lotreck

IN MEMORY OF:
Jean B. Craigwell
Hans Huber
Gwendolyn L. Lewis
Moses Nussbaum
Stacey Clark Robertson
Ellen Rocks

IN HONOR OF:
Andrea Palm and Dan Utech
Linda Velgouse
and Hal Shear

SPECIAL THANKS:
Gifts for the Homeless
# Statements of Financial Position

**June 30, 2012 and 2011**

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2012</th>
<th>2011</th>
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</thead>
<tbody>
<tr>
<td><strong>CURRENT ASSETS:</strong></td>
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</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$1,612,469</td>
<td>$1,280,682</td>
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<tr>
<td>Residential deposits—cash held on behalf of others</td>
<td>82,244</td>
<td>55,938</td>
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<tr>
<td>Total cash and cash equivalents</td>
<td>1,694,713</td>
<td>1,336,620</td>
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<td>Receivables:</td>
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<tr>
<td>Grants and contracts</td>
<td>723,905</td>
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<td>Contributions, net</td>
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<td>Total receivables</td>
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<td>Prepaid expenses and other assets</td>
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<td>Total current assets</td>
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<td>2,275,922</td>
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<td><strong>Security deposits</strong></td>
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</tr>
<tr>
<td>Property and equipment, net</td>
<td>6,047,812</td>
<td>6,330,431</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$8,735,396</strong></td>
<td><strong>$8,613,619</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LIABILITIES:</strong></td>
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<tr>
<td>Accounts payable and accrued expenses</td>
<td>$363,843</td>
<td>$255,076</td>
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<tr>
<td>Accrued annual leave</td>
<td>212,992</td>
<td>178,652</td>
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<tr>
<td>Residential deposits</td>
<td>82,244</td>
<td>55,938</td>
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<tr>
<td>Notes payable, current portion</td>
<td>—</td>
<td>36,363</td>
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<tr>
<td>Total current liabilities</td>
<td>659,079</td>
<td>526,029</td>
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<tr>
<td><strong>Notes payable, long term</strong></td>
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<tr>
<td>Total liabilities</td>
<td>659,079</td>
<td>564,195</td>
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<tr>
<td><strong>NET ASSETS:</strong></td>
<td></td>
<td></td>
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<tr>
<td>Unrestricted:</td>
<td>8,076,317</td>
<td>8,049,424</td>
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<tr>
<td>Total net assets</td>
<td>8,076,317</td>
<td>8,049,424</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td><strong>$8,735,396</strong></td>
<td><strong>$8,613,619</strong></td>
</tr>
</tbody>
</table>
The Statements of Financial Position and Activities pages have been taken from the financial statements, which were audited by Phillips & Associates, LLC, Certified Public Accountants. Copies of the complete audit may be obtained from House of Ruth’s Administrative Offices, 5 Thomas Circle, NW, Washington, DC 20005 or from our website, www.houseofruth.org.
Founded in 1976, House of Ruth helps women, children and families in greatest need and with very limited resources build safe, stable lives and achieve their highest potential.